

CURRICULUM VITAE

EDUCATIONAL BACKGROUND:

- 1992-1996 B.A.
University of Michigan; Ann Arbor, Michigan
Psychology and English
- 1996-1998 M.S.
University of North Carolina at Chapel Hill; Chapel Hill, North Carolina
School of Medicine; Medical Allied Health Professions
Rehabilitation Psychology and Counseling
- 1997-1998 Certificate of Advanced Study in School Counseling
University of North Carolina at Chapel Hill; Chapel Hill, North Carolina
School of Education; School Guidance and Counseling
- 1998-2005 Ph.D.
Georgia State University
College of Education; Department of Counseling Psychology
Counseling Psychology; Cognate: Health Psychology
- 2002-2003 Pre-Doctoral Internship
University of Akron
Counseling, Testing & Career Center
- 2003-2005 Multicultural Fellow
University of Houston
Counseling & Psychological Services
- 2005-present Psychologist I/Group Coordinator
Provisionally Licensed Psychologist in Texas #33429
University of Houston
Counseling & Psychological Services

CLINICAL EXPERIENCE:

March 2005- present

Psychologist I/Group Coordinator

University of Houston; Houston, Texas

Norma Ngo, Psy.D.

Responsibilities include providing individual, crisis intervention, outreach, and group psychotherapy to University of Houston's non-traditional student populations. Co-facilitate the Multicultural Training Seminar with the current Multicultural Post Doctoral Fellow for the pre-doctoral interns. Coordinate the group psychotherapy program for the counseling center. Conduct group psychotherapy for males and females dealing with eating disorders. Provide outreach services to the University community on various topics. Also, provide trainings for interns and practicum students on various topics (i.e. Motivational Interviewing, Group psychotherapy, Eating Disorders, etc.). Specializations include: Eating issues, group psychotherapy, substance abuse, and trauma issues

August 2003-2005

Multicultural Fellow

Counseling & Psychological Services

University of Houston; Houston, Texas

Norma Ngo, Psy.D.

Responsibilities include working with The University of Houston's non-traditional student population seeking individual and group psychotherapy, with a focus on trauma, substance abuse concerns, eating concerns and multicultural counseling. Co-facilitate the Multicultural Training Seminar for pre-doctoral interns. Provide outreach services to University community on various topics (i.e. Time Management, Balancing Student & Parent Roles, Diversity, and Communication Skills). Weekly individual supervision provided on-site. Served as the Interim Outreach Coordinator.

July 2002-June 2003

Pre-doctoral Psychology Intern;

Counseling, Testing & Career Center

The University of Akron; Akron, Ohio

Julia C. Philips, Ph.D., Gregory F. Robinson, Ph.D., & S. Marc Silling, Ph.D.

Responsibilities included working with The University of Akron's non-traditional student population seeking individual and group psychotherapy, with a focus on trauma, substance abuse concerns, eating concerns and multicultural counseling. Provided crisis interventions, career counseling interventions and learning disability assessments. Provided over 50 hours of outreach services to University community on various topics (i.e. Time/Stress Management, Inter-racial relationships, Balancing Student & Parent Roles, Body Image, GBLT Issues, Improving Motivation & Comprehension). Supervised two doctoral level practicum students. Weekly group and individual supervision provided on-site. Specialized in Supervision and Training.

CLINICAL EXPERIENCE (cont.):

August 2001-May 2002

Multicultural Advanced Practicum Counselor

Counseling Center

Georgia State University; Atlanta, Georgia

Cathy Brack, Ph.D., Joseph Hill, Ph.D., & Cheryl B. Forkner, Ph.D.

Responsibilities include working with Georgia State University's students seeking counseling services, with a concentration on individuals of multicultural backgrounds. Provided services for individuals facing cultural/immigration issues, PTSD, trauma issues, GLBT concerns, suicidal ideation, and other presenting concerns. Assisted with Triage counseling, working with individuals in crisis. Weekly individual and group supervision was provided on-site, and focused on working with multicultural populations.

August 1999-July 2001

Advanced Practicum Counselor

Counseling Center

Georgia State University; Atlanta, Georgia

Cathy Brack, Ph.D., Joseph Hill Ph.D., & Mary Charbonneau, Psy.D.

Responsibilities included working with Georgia State University's students seeking counseling services. Provided services with clinical issues such as anxiety, depression, eating disorders, sexual and racial identity issues, relationship issues, self-esteem, trauma (i.e. PTSD, rape), and other presenting concerns. Weekly individual supervision is provided on-site.

June 1999-August 2000

Group Facilitator

Partnership Against Domestic Violence; Atlanta, Georgia

Alfred Hughes III, Psy.D.

Co-facilitated a 24-week psycho-educational group for court appointed domestic violence offenders based on developing anger management skills, assertive communication skills and cycle of abuse recognition. Responsibilities also included initial client intakes and eligibility screenings, working with probation officers, developing community contact and maintaining appropriate legal documents.

June 1999-April 2000

Group Facilitator

Georgia State University; Atlanta, Georgia

Johanna White, Ph.D.

Co-facilitated self-growth groups for Master's level students enrolled in a Group Counseling class based on Rogerian and Adlerian techniques.

CLINICAL EXPERIENCE (cont.):

October 1998-July 1999

Practicum Counselor

Counseling Center

Georgia State University; Atlanta, Georgia

Cathy Brack, Ph.D., Joseph Hill Ph.D., & Mary Charbonneau, Psy.D.

Responsibilities included working with Georgia State University's students seeking counseling services. Provided services for individuals facing clinical issues such as anxiety, depression, eating disorders, sexual and racial identity issues, career planning, couples issues, relationship issues, self-esteem, trauma (i.e. PTSD, rape), and other presenting concerns. Also participated in co-facilitating Student Success groups, for individuals re-entering the University after academic dismissal, and assisted with intake assessments. Weekly group and individual supervision was provided on-site.

January 1998-June 1998

Advanced School Counselor

James E. Shepherd Middle School

Magnet School/International Baccalaureate; Durham, North Carolina

Angela Teal, M.A.

Responsibilities included assisting the school/guidance counselor in providing services to sixth, seventh and eighth grade children, a caseload of 309 students. Performed individual counseling, group counseling, assessments and parent/student/teacher consultations as well as acted as a public school professional employee.

November 1997-July 1998

Group Facilitator

CHANGE Program

Durham Family Counseling Center; Durham, North Carolina

Nelson Peebles, M.A. Director

Co-facilitated Duluth model's 26-week psycho-educational group for court appointed domestic violence offenders.

August 1997-December 1997

M.S. Psychological Intern

Low Security Correctional Institution at Butner

Federal Bureau of Prisons; Butner, North Carolina

Jill Grant, Psy.D.

Provided counseling services for the LSCI-Butner, a low security male prison. Co-facilitated a Criminal Lifestyles group. Conducted eligibility interviews for the Bureau of Prison's 500-hour substance abuse program. Instructed inmates involved in a 40-hour volunteer drug education class. Provided individual counseling for inmates diagnosed with Borderline Personality Disorder, Pedophilia, Substance Abuse concerns and Antisocial Personality Disorder. Observed professionals during psychological assessment, group therapy and individual therapy sessions.

CLINICAL EXPERIENCE (cont.):

January 1997-December 1997

M.S. Psychological Intern

Federal Correctional Institution at Butner

Federal Bureau of Prisons; Butner, North Carolina

Laura Cuty-Ruiz, Ph.D. and Roy Hill, Psy.D.

Responsibilities included initial psychological evaluations of incoming inmates arriving at FCI-Butner, a medium security male prison. Responsibilities included documenting intake summaries, individual therapy sessions, and writing treatment plans. Co-facilitated an anger management group and a relapse prevention group for sexual offenders. Facilitated "Living Free" Group for inmates interested in accepting responsibilities.

RESEARCH EMPLOYMENT:

April 2000-July 2002

Research Project Coordinator

Department of Behavioral Sciences and Health Education

Emory University; Atlanta, Georgia

Ken Resnicow, Ph.D.

Co-coordinated in ongoing research project funded by National Institute of Health, the American Heart Association, and the Robert Wood Johnson Foundation aimed at increasing fruit/vegetable intake and physical activity in African American church populations. The intervention relies heavily on the use of Motivational Interviewing (MI), a client-centered directive approach to health behavior change. Responsibilities included training/supervising Master's level phone counselors in MI, dealing with recruitment issues, data management issues, and providing various training and consultation in MI for related projects. Currently, coding and analyzing data based examining fidelity outcomes as well as the validation of the 1-pass MI Skills Code developed at Emory by Ken Resnicow, Ph.D.

August 1998-May 2000

Graduate Research Assistant

Department of Counseling Psychology

Georgia State University; Atlanta, Georgia

Jeff S. Ashby, Ph.D.

Assisted in ongoing research studies involving the multidimensional aspects of perfectionism. Responsibilities include literature review collection, the organization and distribution of questionnaires, and other research related responsibilities. Worked on a study looking at "Multidimensional Perfectionism and Locus of Control." The study was presented at the American Psychological Association's conference in Boston, MA in August 1999.

RESEARCH EMPLOYMENT (cont.):

December 1996-July 1998

Project Manager

Department of Rehabilitation Psychology and Counseling

University of North Carolina at Chapel Hill; Chapel Hill, North Carolina

Eileen J. Burker, Ph.D. and Jerry B. Finkel, M.D.

Co-coordinated a longitudinal study examining the effect of depression and personality disorders in the "Quality of Life of Heart Transplantation Patients." Responsibilities included the recruitment of heart transplant patients & their spouses in the coronary critical care unit and as outpatients, as well as the development of a data management system. The data management system involved tracking subjects and their spouses for the numerous pre-transplant evaluation points as well as tracking patients post transplant.. Responsibilities also included thoroughly explaining measures to all subjects, and reading all measures to those subjects who are illiterate. Also, assisted in the research duties of Quality of Life & Religiosity/Spirituality Coping longitudinal studies with the pre- and post-lung transplantation patients and help analyze qualitative data for a study looking at Characteristics of Clinical Supervisors.

1995

Research Surveyor

Alcohol Research Center

University of Michigan Medical School Affiliate; Ann Arbor, Michigan

Harry Zucker, M.D. and Fred Blow, Ph.D.

Interviewed individual 55 yrs. and older for a brief intervention program for elder individuals exhibiting alcohol dependency and abuse issues. Administered questionnaires and recruited individuals in a variety of health care settings. Generated a wide knowledge of theories and effects of alcohol dependency and alcohol abuse.

1994-1995

Research Employee

Department of Psychology

University of Michigan; Ann Arbor, Michigan

Sandra Graham-Berman, Ph.D. and Alytia Levendosky, Ph.D.

Administered 2 ½ hour interviews to women & children survivors of domestic violence, documenting the effects of a brief intervention program geared at developing coping techniques for survivors. The questionnaires included the Beck Depression Inventory, the Thematic Apperception Test, a Parenting Style Questionnaire, etc. Responsibilities included data entry & recruiting families from various community agencies such as domestic violence shelters and the Department of Social Services. Participated in various child-care interactions examining patterns of parental abuse, sexual abuse, self-esteem issues and suicide. Videotaped structured sibling interactions to observe the effects of domestic violence on sibling relationships. Also, studied extensively the effects of domestic violence on parental patterns, self-esteem and overall coping techniques in family survivors of domestic abuse.

TEACHING EXPERIENCE:

Clinical Teaching:

August 2000-May 2002

Instructor of Record

Group Counseling Systems and Interventions (CPS 6450)

Georgia State University; Atlanta, Georgia

August 1998-May 1999

Graduate Teaching Assistant

Theories of Counseling & Socio-cultural Issues in Counseling

Julie Ancis, Ph.D.

Georgia State University; Atlanta, Georgia

TRAINING EXPERIENCE:

Training on Motivational Interviewing for the American Dietetic Association-Child and Adolescent Weight Management Program, Daytona Beach, Florida, April, 2007.

Training on Motivational Interviewing for the American Dietetic Association-Child and Adolescent Weight Management Program, Portland, Oregon, March, 2007.

Grand Rounds Presentation on Motivational Interviewing and Training at Santa Clara Valley State Hospital, San Jose, February, 2007.

Training on Motivational Interviewing for the American Dietetic Association-Child and Adolescent Weight Management Program, Kansas City, Missouri, October, 2006.

Training on Motivational Interviewing for the Washington DC WIC State Agency, Washington DC, September 7-8, 2006.

Training on Developing an Eating Disorders Treatment Team for University of Texas-Medical Branch Student Wellness and Counseling Services; August, 2007.

Training on Motivational Interviewing for the American Dietetic Association-Child and Adolescent Weight Management Program, Burlington, Vermont, May, 2006.

Training on Motivational Interviewing for the American Dietetic Association- Pediatric Nutrition Practice Group, Dallas, Texas, April, 2005.

Training on Motivational Interviewing for the American Dietetic Association-Child and Adolescent Weight Management Program, Anaheim, California, April, 2006.

Training on Motivational Interviewing for the National Cancer Institute Project, Ann Arbor, Michigan, November, 2005.

Training on Motivational Interviewing for the American Dietetic Association, Alexandria, Virginia, September, 2005.

TRAINING EXPERIENCE (cont.):

Training on Motivational Interviewing for the Texas WIC/PNPG pilot, Austin, Texas, April, 2005.

Training on Motivational Interviewing for the American Dietetic Association, San Jose, California, February, 2004.

Training on Motivational Interviewing for the American Dietetic Association, Little Rock, Arkansas, November, 2004.

Training on Motivational Interviewing for the American Dietetic Association, Chicago, Illinois, May, 2004.

Training on Motivational Interviewing for the American Dietetic Association, Chicago, Illinois, January, 2004.

Training on Motivational Interviewing for the American Dietetic Association, Atlanta, Georgia, September, 2003.

Training on Motivational Interviewing: Basic Theory & Techniques Part II for The University of Akron's Counseling Psychology Doctoral Practicum Students in Akron, Ohio, February, 2003.

Training on Motivational Interviewing: Basic Theory & Techniques Part I for The University of Akron's Counseling Psychology Doctoral Practicum Students in Akron, Ohio, November, 2002.

Training on Motivational Interviewing for the Nebraska Health & Human Services System: Special Supplemental Nutrition Program for Women, Infants & Children (WIC) in Omaha, Nebraska, September, 2002.

Training on Motivational Interviewing for the American Cancer Society: Body & Soul Project in Los Angeles, California, August, 2002.

Training on Motivational Interviewing for the American Cancer Society: Body & Soul Project in Atlanta, Georgia, July, 2002.

Training on Motivational Interviewing for The National Center on Addiction and Substance Abuse at Columbia University (CASA): Hope 6 Housing Program on Tobacco & Drug Use in Seattle, Washington, April, 2003.

Training on Motivational Interviewing for the American Cancer Society: Body & Soul Project in Los Angeles, California, March, 2002.

Training on Motivational Interviewing for the American Cancer Society: Body & Soul Project in Wilmington, Delaware, February, 2002.

Training on Motivational Interviewing for the Center for Disease Control/American Association of Pediatrics: PROS/Healthy Lifestyles Project in Atlanta, Georgia, January, 2002.

Training on Motivational Interviewing for the American Cancer Society: Body & Soul Project in Newark, Delaware, December 2001.

TRAINING EXPERIENCE (cont.):

Training on Motivational Interviewing for the American Cancer Society: Body & Soul Project in Atlanta, Georgia, December 2001.

Training on Motivational Interviewing for the American Cancer Society: Body & Soul Project in Greenbelt, Maryland, November 2001.

Training on Motivational Interviewing for the American Cancer Society: Body & Soul Project in Los Angeles, California, November 2001.

Training on Motivational Interviewing for the American Cancer Society: Body & Soul Project in Atlanta, Georgia, October 2001.

Training on Motivational Interviewing for Go Girls Project Staff at Emory University, School of Public Health, Atlanta, Georgia, May-October 2001.

Training on Motivational Interviewing for the American Cancer Society: Body & Soul Project in Atlanta, Georgia, February 2001.

Training on Motivational Interviewing in working with WIC mothers at WIC Clinic to registered dieticians and nutritionists in Lithonia, Georgia, November 2000.

Training on Increasing Diversity in the Workplace Part II at the North Dekalb Medical Center-Continuing Education Accreditation in Behavioral Health Sciences to the hospital's social workers in Atlanta, Georgia, May 2000.

Training on Increasing Diversity in the Workplace at the North Dekalb Medical Center-Continuing Education Accreditation in Behavioral Health Sciences to the hospital's social workers in Atlanta, Georgia, March 2000.

Certified NCBI Trainer/Facilitator; National Coalition Building Institute; Washington D.C. Facilitated Prejudice Reduction Workshops geared towards reducing biases and increasing diversity awareness among the University population and surrounding communities; April 1997-1999.

CONSULTATION EXPERIENCE:

Consultant on Motivational Interviewing for North Dakota WIC Program; Jan Goodwin, RD; Principle Investigator; June 2004-Dec 2004.

Consultant on Motivational Interviewing for The American Dietetic Association; Christine Reidy, RD; Director of the Commission of Dietetic Registration; June 2003-present.

Consultant on Motivational Interviewing for the Nebraska Health & Human Services System; Julieann Boyle WIC Nutrition & Breastfeeding Coordinator; Special Supplemental Nutrition Program for Women, Infants & Children (WIC); September 2002-present.

CONSULTATION EXPERIENCE:

Consultant on Motivational Interviewing for The National Center on Addiction and Substance Abuse at Columbia University (CASA); April 2002-August 2002.

Consultant on Motivational Interviewing for Center of Disease Control/American Association of Pediatrics; William Dietz, Ph.D.: Healthy Lifestyles Project; January 2002-present.

Consultant on Motivational Interviewing for Emory University; School of Public Health; Department of Behavioral Science & Health Education; Dr. Colleen Diorio: HIV Medication Adherence: Get Busy Living Project; August 2001-June 2002.

Consultant on Motivational Interviewing for the American Cancer Society: Body and Soul Project; January 2001-present.

PRESENTATIONS:

Presentation on Eating Issues/Disorders for Houston YMCA summer program, July, 2004

Presentation on Serving the Entire Akron Community-Learning About Gay, Lesbian, Bisexual, Transgender People for Akron Police Academy, Akron, Ohio, October, 2002.

Presentation on Making Sense of Discrimination at Georgia State University's Ethnic Crossroads: Increasing Diversity and Awareness among College Campuses Conference to various undergraduate/graduate students of the Southeastern region, Atlanta, Georgia, March 2000.

Presentation on Federal Correctional Institution's Forensic Psychology Extern Position and Rehabilitation Psychology and Counseling at North Carolina Psychological Association's Psi Chi Conference to undergraduate psychology students of North Carolina, November 1997.

Presentation on Rehabilitation Psychology and Counseling to high school students of color involved in Summer Experience Level I (Summer Shadow), July-August 1997.

Presentation of Rehabilitation Psychology and Counseling to entering college students of color involved in a Summer Bridge Program at University of North Carolina, Chapel Hill, July 1997.

Presentation on Rehabilitation Psychology and Counseling and Disabilities to middle school students of color involved in Carolina Visions Minority Youth Health Careers Summer Camp (Wake AHEC), July 1997.

Presentation on Rehabilitation Psychology and Counseling to rising college junior and senior students of color involved in the Medical Enrichment Development, Science Enrichment Program, June 1997.

Presentation on Asian American Issues to students and health professionals concerned with increasing awareness of health issues for *Health of U.S. Populations of Color*, March 1997.

POSTER PRESENTATIONS:

Multidimensional Perfectionism and Rogerian Personality Concepts. Simone S. Rahotep, MS, Jeffrey S. Ashby, Ph.D., Ken LoCicero, MS, **Santhi Periasamy, MS**, Mary-Catherine Kinney, Ed.S., and Linda Pak, MS. American Psychological Association Conference: Washington D.C. August 2000.

Multidimensional Perfectionism and Locus of Control. **Santhi Periasamy, MS**, Jeffery S. Ashby, Ph.D., and Ken LoCicero, MS. American Psychological Association Conference: Boston, MA. August 1999.

Multidimensional Perfectionism and Middle-School-Aged Gifted Students. Ken LoCicero MS, Jeffery S. Ashby Ph.D., and **Santhi Periasamy, MS**. American Psychological Association Conference: Boston, MA. August 1999.

Multidimensional Perfectionism and Adlerian Personality Priorities. Terry Kottman, Ph.D., Jeffrey S. Ashby, Ph.D., Eva Schoen, MA, Ken LoCicero, MS, Kevin B. Stoltz, MS, and **Santhi Periasamy, MS**. American Psychological Association Conference: Boston, MA. August 1999.

Perfectionism, Dysfunctional Attitudes, and Self-Esteem: A Structural Equations Analysis. Jeffrey S. Ashby, Ph.D., Terry Kottman, Ph.D., Eva Schoen, MA, Ken LoCicero, MS, Kevin B. Stoltz, MS, and **Santhi Periasamy, MS**. American Psychological Association Conference: Boston, MA. August 1999.

Emotional Contagion: A Unique Predictor of Coping. Christopher L. Kornman, MS, **Santhi Periasamy, MS**, and Michelle Carlson, MS. American Psychological Association Conference: Boston, MA. August 1999.

Emotional Contagion as a Predictor of Job Satisfaction. Christopher L. Kornman, MS, **Santhi Periasamy, MS**, Michelle Carlson, MS, and Greg Brack, Ph.D. American Psychological Association Conference: Boston, MA. August 1999.

PUBLICATIONS:

Book Chapters

Resnicow, K., Baskin, M.L., Rahotep, S.S., **Periasamy, S.**, & Rollnick, S. (2004). Motivational interviewing in health promotion and behavioral medicine. In W. Miles Cox, & E. Klinger (Eds.), *Handbook of motivational counseling: concepts, approaches, and assessment*. England: John Wiley & Sons Ltd.

Manuscripts

Periasamy, S., & Ashby, J.S.(2002) Multidimensional perfectionism and locus of control. *Journal of College Student Psychotherapy*, *17*(2),75-87.

Resnicow, K., Campbell, M.K., Carr, C., Wang, T., **Periasamy, S.**, Rahotep, S., Doyle, C., Williams, A., & Stables, G. (2004). Body and Soul: An effectiveness trial of a dietary intervention conducted through Black churches. *In press*.

Resnicow K, Jackson A, Braithwaite R, DiIorio C, Blisset D, Rahotep S., & **Periasamy S**, (2002). *Healthy Body/Healthy Spirit: Design and evaluation of a church-based nutrition and physical activity intervention using Motivational Interviewing*. *Health Education Research*, 17(2), p. 562-573.

Non-refereed Publications

Burker, E.J., & Periasamy, S. (1997). Type A personality characteristics: the beginnings. *News From the Heart and Lungs*. Newsletter of the UNC Heart and Lung Transplant Support Groups, 7(2), 7-8.

THESIS:

The association between hostility and quality of life in pre-operative and post-operative heart transplantation patients. Defended: August 1998.

DISSERTATION:

The relationship between the fidelity of Motivational Interviewing and nutritional outcomes in African American church populations. Defended on February 4, 2004.

MEMBERSHIPS IN PROFESSIONAL SOCIETIES:

Motivational Interviewing National Trainers (MINT)
American Psychological Association (APA)
National Multicultural Conference Summit Student Affiliate 2005
Asian American Psychological Association Member 2004

PROFESSIONAL SKILLS:

Provisionally licensed in the State of Texas (#33429)

Certified Trainer in Motivational Interviewing (MINT) with a specialization in projects aimed at changing health behaviors (i.e. eating issues, substance abuse, etc).

Licensed as a Certified Rehabilitation Counselor, accredited by the CRCC (License #16707).

Previously licensed as an Advanced School Counselor in North Carolina, accredited by the National Teachers Association. License expired August 2003.

Specialized Training in administering the Structured Clinical Interview For DSM-III-R (SCID-I/SCID-II) and other psychiatric clinical depression assessment tools (e.g. Hamilton Depression Index) for the Heart Transplant Patient Population. Supervision and training provided by Jerry B. Finkel, M.D.

Fluency in Tamil; Fourth semester proficiency in Spanish; Basic Comprehension of Hindi.

OUTREACH:

Healthy Relationships

Increasing your Time Management

Stress Management

Student/Parent: Balancing Multiple Roles

How to help a friend with an Eating Disorder

Communication

Multicultural/Diversity Issues

Reducing Test Anxiety

Procrastination